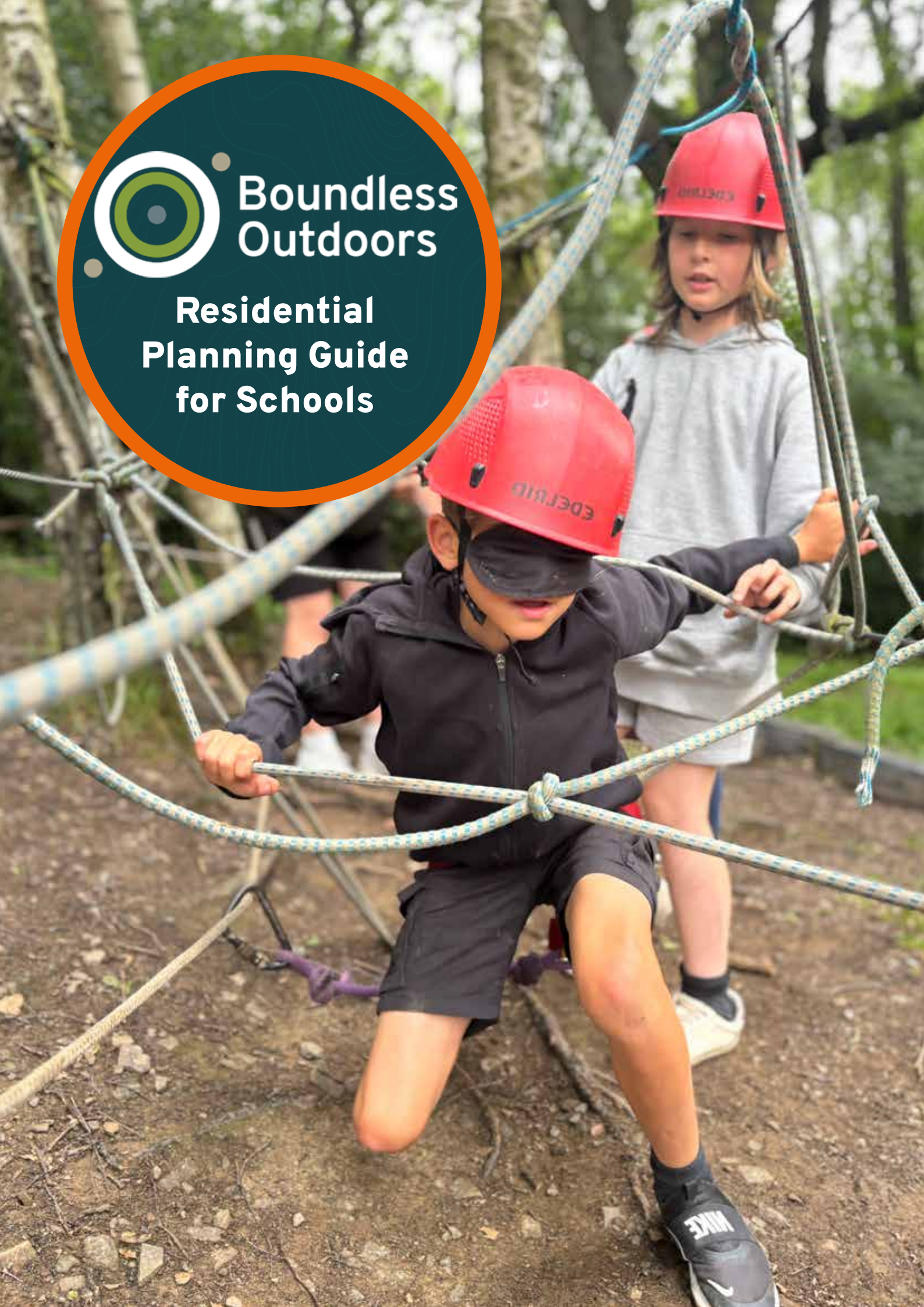




**Boundless
Outdoors**

**Residential
Planning Guide
for Schools**



Welcome to Boundless Outdoors

We're so pleased you're considering a visit to Boundless Outdoors for your school residential or group adventure. With two centres in the beautiful Worcestershire countryside, Malvern and Bell Heath, we create outdoor learning experiences that build confidence, teamwork and independence in young people.

Whether it's a first night away from home or a full five-day residential, every visit is carefully planned, fully supported and designed to help children thrive.

Our Centres

Malvern Outdoor Centre. Old Hollow, Malvern, Worcestershire, WR14 4NR

- 9 acres of private woodland
- Sleeps up to 100 across South Block, North Block and Chalet
- North Block includes games room and skittles alley
- Fully accessible accommodation options
- Walking boots, waterproofs and rucksacks available to borrow
- Sat on the Malvern Hills

Bell Heath Outdoor Centre. Qantry Lane, Belbroughton, Worcestershire, DY9 9UU

- 20 acres of secluded woodland
- Sleeps up to 72 in dormitory accommodation
- Sole occupancy for visiting groups
- Wheelchair friendly with hydraulic change beds
- Glamping and camping options available

Both centres offer:

- Secure, private grounds (no public access)
- Indoor common areas
- Structured evening activities
- Qualified instructors throughout your stay

SCHOOL RESIDENTIAL COURSE (2 day)

Example itinerary

Day 1

School as normal, remember to bring luggage/packed lunch
9:30am - Leave school
10:30am - Met by centre staff – introductions, unpack, make beds, equipment update, packed lunch, Fire Drill
12:30am - Packed lunch
1.30pm - First activity – split into your group
3.00pm- Second activity
4.30pm - Finish activities - classroom to review the day
5.15 or 6.00 pm - Evening meal & Kitchen duties for pupils
7.00 pm - Evening activities

Day 2

7:30am - Early morning breakfast call
8:00am - Strip beds, pack suitcases – take to designated area
8:15am - Breakfast, make up packed lunches & Kitchen duties
9:00am - Dorm inspection
9.30 am – morning activities
12:30pm - Course debrief, certificates, Lunch, shop
2.00 pm - Depart



SCHOOL RESIDENTIAL COURSE (3 day)

Example itinerary

Day 1

School as normal, remember to bring luggage/packed lunch
9:30am - Leave school
10:30am - Met by centre staff – introductions, unpack, make beds, equipment update, packed lunch, Fire Drill
12:30am - Packed lunch
1.30pm - First activity – split into your group
3.00pm- Second activity
4.30pm - Finish activities - classroom to review the day
5.15 or 6.00 pm - Evening meal & Kitchen duties for pupils
7.00 pm - Evening activities

Day 2

7:30am - Early morning call – Breakfast
8:15am - Make up packed lunch & Kitchen duties
9.00am - Dorm inspections
9.30am - Morning activities begin
12.30pm - packed lunch
1.30pm - Afternoon activities begin
4.30pm - Activities finish - classroom session
5.15 pm or 6.00 pm - Evening meal
7.00pm - Evening activities

Day 3

7:30am - Early morning breakfast call
8:00am - Strip beds, pack suitcases – take to designated area
8:15am - Breakfast, make up packed lunches & Kitchen duties
9:00am - Dorm inspection
9.30 am – morning activities
12:30pm - Course debrief, certificates, Lunch, shop
2.00 pm - Depart



SCHOOL RESIDENTIAL COURSE (5 day)

Example itinerary

Day 1

School as normal, remember to bring luggage/packed lunch

9:30am - Leave school

10:30am - Met by centre staff – introductions, unpack, make beds, equipment update, packed lunch, Fire Drill

12:30am - Packed lunch

1.30pm - First activity – split into your group

3.00pm - Second activity

4.30pm - Finish activities - classroom to review the day

5.15 or 6.00 pm - Evening meal & Kitchen duties for pupils

7.00 pm - Evening activities

Day 2

7:30am - Early morning call – Breakfast

8:15am - Make up packed lunch & Kitchen duties

9.00am - Dorm inspections

9.30am - Morning activities begin

12.30pm - packed lunch

1.30pm - Afternoon activities begin

4.30pm - Activities finish - classroom session

5.15 pm or 6.00 pm - Evening meal

7.00pm - Evening activities

Day 3 & 4

Repeat Day 2

Day 5

7:30am - Early morning breakfast call

8:00am - Strip beds, pack suitcases – take to designated area

8:15am - Breakfast, make up packed lunches & Kitchen duties

9:00am - Dorm inspection

9.30 am – morning activities

12:30pm - Course debrief, certificates, Lunch, shop

2.00 pm - Depart

Activities on offer

Abseiling

Supervised by highly qualified staff, participants learn how to use the equipment for abseiling. Find the courage to step out over the edge and walk backwards down the cliff or wall.
(Bell Heath & Malvern)

Archery & Air soft

Stimulating archery and air soft activities for testing and developing personal confidence. Whilst ensuring strict adherence to essential codes of discipline involved in the sport of shooting.

Bush craft

Developing social skills and encouraging teamwork by learning how to build shelters and light fires. Also try essential survival and bushcraft skills including making bread.
(Bell Heath & Malvern)

Climbing

A unique set of 10 metre high artificial rock pinnacles at our Malvern centre and a 12 metre wooden climbing tower at Bell Heath. This activity delivers a safe and challenging climbing experience as individuals and team-based challenge activities.
(Bell Heath & Malvern)

Canoeing

A great introduction to watersports. Encouraging all ages and abilities to gain the confidence on the water. Thus, enabling differing levels of exertion from moderate to extreme.
(Malvern)

Clent Hills and Waseley Hills

Groups learn about nature and the environment whilst enjoying the beauty of the hills and views over Birmingham.

Grass sledging

New at Bell Heath is our purpose built grass sledging hill with 3 start ramps. Ideal for Stem days or just racing your friends.
(Bell Heath)

High and low ropes

An exciting team challenge climbing through the treetops or swinging around like monkeys. These exciting challenges are great at pushing yourself to the limit at the same time as bringing teams together.
(Bell Heath & Malvern)

Low level ropes

An activity requiring working with a partner, balance and cooperation as key features.
(Bell Heath & Malvern)



King Swing

Our giant swing in the trees. Take a deep breath and step off. This is great for self belief and trusting others.

(Malvern)



Malvern Ridge walking

Physically challenging, this 10 mile hike through the Malvern Hills along the undulating ridge is demanding.

Requiring perseverance and a positive attitude to climb higher than the summit of Snowdon.

Night line and tunnels

Working in small teams or pairs whilst blindfolded to lead each other through our Nightline and Tunnels. During this activity, groups learn to build trust whilst developing communication and support skills.

(Bell Heath & Malvern)



Night walk

Our hill walks are the perfect way to burn off excess excitement and energy before bed. Just one of many evening sessions on offer.

Orienteering

Acquire valuable map reading and navigational skills in the beautiful Worcestershire countryside amongst the Malvern, Clent and Waseley Hills.

(Bell Heath & Malvern)



Poles course

With group support the Activity climb, Quad Pole, Create stack, and Jacobs ladder encourage teamwork and individual self-confidence.

(Bell Heath & Malvern)



Problem solving

A challenge designed to develop integrity, cooperation and leadership through problem-solving and team work. This also tests personal initiative, drawing on both physical and mental skills to achieve mutual goals.

(Bell Heath & Malvern)

Raft and coracle building

Our 20 metre pool at Malvern is the perfect spot to build and float in handmade rafts and coracles. Test your engineering skills and boatbuilding handywork on the water in your finished craft whilst learning the art of coracle paddling.

(Malvern)



Zip wire

Experience the thrilling adrenalin rush and sense of achievement in a safe environment.

(Bell Heath & Malvern)

All our activities are led by fully qualified instructors that tailor make each activity to the groups abilities. No one is forced to do something they dont want to, but they are encourage to make sure everyone feels proud of their achievements.

Safety & Regulations Statement

Boundless Outdoors is one of the largest residential outdoor activity providers in the West Midlands. Leaders and parents can be confident of our commitment to ensuring high standards in terms of quality control for all matters pertaining to educational and activity content, professional staffing and matters of safety.

The staff at Boundless Outdoors pride themselves in meeting the needs of their students. Activity programmes are carefully designed, taking into consideration the initial booking requests and the nature of the group.

Our staff hold a variety of nationally recognised qualifications for the activities we deliver and undergo rigorous vetting, continual professional development and training so that we stay at the forefront of best practice in the outdoor education sector.

It is the benefits to people of engaging in outdoor learning that remain at the heart of our risk management process. Where there are risks identified these are managed effectively but it is often the case with some adventure activities that a degree of risk remains for the activities and the intended outcomes to have value, worth and meaning.

The Centre is rigorously monitored through the systems of continual staff development and training. All staff are First Aid qualified and undergo Enhanced DBS checks. Activity leaders will either hold nationally recognised instructional certificates or, for activities which do not have National Governing Bodies, will have undertaken formal in-house training and approval to run those activities.

Awards

Boundless Outdoors not only holds the statutory Adventure Activities Licensing Authority from the HSE but part takes in other industry leading quality badges.

These include;

LOTC Learning outside the classroom

Association of Heads Outdoor Education Centres (AHOEC) Gold Standard

Adventurous Activities Industry Advisors Committee (AAIAC) Adventuremark

These awards not only exam the safety of our centre but the quality of our provision and activities.

The Adventure Activities Licensing Authority's (AALA)

The Adventure Activities Licensing Authority (AALA) came into existence in April 1996. The Health and Safety Executive is currently designated as the AALA. Adventure activities licensing ensures that activity providers follow good safety management practices.

These should allow young people to experience exciting and stimulating activities outdoors without being exposed to avoidable risks of death or disabling injury.

Learning Outside the Classroom (LOtC) Quality Badge

The LOtC quality badge is a nationally recognised accreditation that shows that a provider has met or exceeds stringent safety and quality standards and is endorsed by the Outdoor Education Advisory Panel and School Travel Forum. This means that you do not need to check our risk assessments or operating procedures as a matter of course, and you can be confident that we meet the highest standards. The Department for Education endorses the LOtC, whose Learning Outside the Classroom Quality Badge is only awarded to organisations that meet nationally recognised standards.

AHOEC Gold Standard & Adventure Mark

The Gold standard is only available to outdoor providers who are committed to, and have a proven record of, outstanding high quality delivery of outdoor education.

Only providers who already hold both the LOtC quality badge and Adventure Mark are eligible for consideration for inspection and have to prove that they meet quality criteria in the following areas:

- Customer care
- Safety management, policies, organisation and planning
- Facilities and resources
- Environmental sustainability
- Quality assurance, measuring and reviewing performance

Insurance

Boundless Outdoors holds appropriate public liability, professional indemnity, vehicle and property cover for the products we offer.

The Centre is covered through Activities Insurance Mutual.

Equipment

At our centres we use the latest personal protective equipment, activity equipment, and other equipment, all of which undergoes a stringent inspection, management and replacement process so that anything that our customers and staff rely on to stay safe is always at its best and there if needed.

Risk Management

Leaders and parents should understand that safety is not just about staff qualifications or experience, careful selection of teaching venues and equipment appropriate to the group's needs are an essential component. Full risk assessments have been undertaken and risk management procedures implemented for all the activities.

We don't publish our risk assessments or operating procedures for a number of reasons, namely to help protect our clients from legal repercussions if an incident were to occur the risk assessment contains technical terms and acronyms which are specific to outdoor education and may not be fully understandable to all, as well as to help reduce the need for excess paperwork for our clients and ourselves.

Boundless Outdoors is a LOtC Quality Badge and AALA badge holder. There is normally no need to seek further assurances about the safety of provision.

Visiting leaders will however need to undertake risk assessments for their travel to the Centre and for any activities not led by Centre staff and students free time.

If you or your organisation require further information on safety procedures, risk assessments, or any other aspect of the Centre operating procedures, this should be discussed prior to your arrival. It may be necessary to make an administrative charge if copies of documents or lengthy discussions are required.

Food and Meal times

At Boundless outdoors all our food is prepared on site using local sourced ingredients. We try to offer balanced meal options to make sure our groups stomachs are full and ready to the adventure ahead.

All our kitchens have been awarded the highest 5 star rating by the Food Standard Agency and are regularly inspected. All our staff are trained to the high level and understand religious, medical and allergies requirements our guest may have.

Please be assured that the menu choices for guests with medical dietary needs, and food allergies will be adapted where possible and choices are not limited to the items displayed here. Boundless Outdoors can provide meals that do not include the main 14 allergens as ingredients. If you require more specific information in advance, please contact our main office.

We implement all reasonable controls for cross-contamination and control the ingredients within a recipe.

We handle numerous ingredients within our kitchens and cannot guarantee that our meals are 100% free from allergens.

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Cooked breakfast	Continental Breakfast	Cooked breakfast	Continental Breakfast
Lunch		Packed Lunch	Packed Lunch	Packed Lunch	Packed Lunch
Dinner	Pasta bolognese Garlic bread	Fish & Chips Bake bean garden peas	Chicken curry Rice & Naan	Pizza and Chips	Lasagne & salad
Salad	Green salad Jacket potatoes + fillings	Green salad Jacket potatoes + fillings	Green salad Jacket potatoes + fillings	Green salad Jacket potatoes + fillings	Green salad Jacket potatoes + fillings
Vegetarian	Leak and potato bake	Stuffed pancakes	Vegetarian cottage pie	Macaroni cheese	Vegi curry



Kit List

Single duvet cover, pillowcase & single sheet / sleeping bag, pillowcase & single sheet , if you are not having bedding supplied by the centre

(Camping please bring a sleeping bag, pillow and roll mat)

Medication in a clear plastic bag clearly labelled and with instructions on dosage etc.

Packed lunch for first day

Lunch box / water bottle

Plenty of old clothes – Loose fitting and comfortable clothes appropriate to the season – lots of layers are warmer than a few thick ones. Trousers not skirts. Track suit bottoms are much better than jeans. Hats and gloves are important between October and March.

Underclothes – at least one change per day plus an extra set. Decent loop stitched socks

Outdoor shoes that won't hurt to get muddy and wet

Swimwear- essential if canoeing, kayaking. Those going to do water sports will also need an old pair of trainers they can get wet and clothes they can wear over the top that might get wet. Pack a plastic bag they can take to put any wet clothes in.

Walking boots – (can be provided at Malvern)

Slippers/indoor shoes

Waterproof & Wellies – (can be provided at Malvern)

Small rucksack – (can be provided at Malvern)

Toiletries

Towels + spare for water sports

Empty plastic bag for dirty washing

Night clothes

Pocket money – usually £10 is enough as there is only a small gift shop on site

CAMPING - Sleeping bag, pillow, and Sleeping mat

NO MOBILE PHONES – Visiting staff will have all emergency contact details with them, and they will contact you oif the need arises

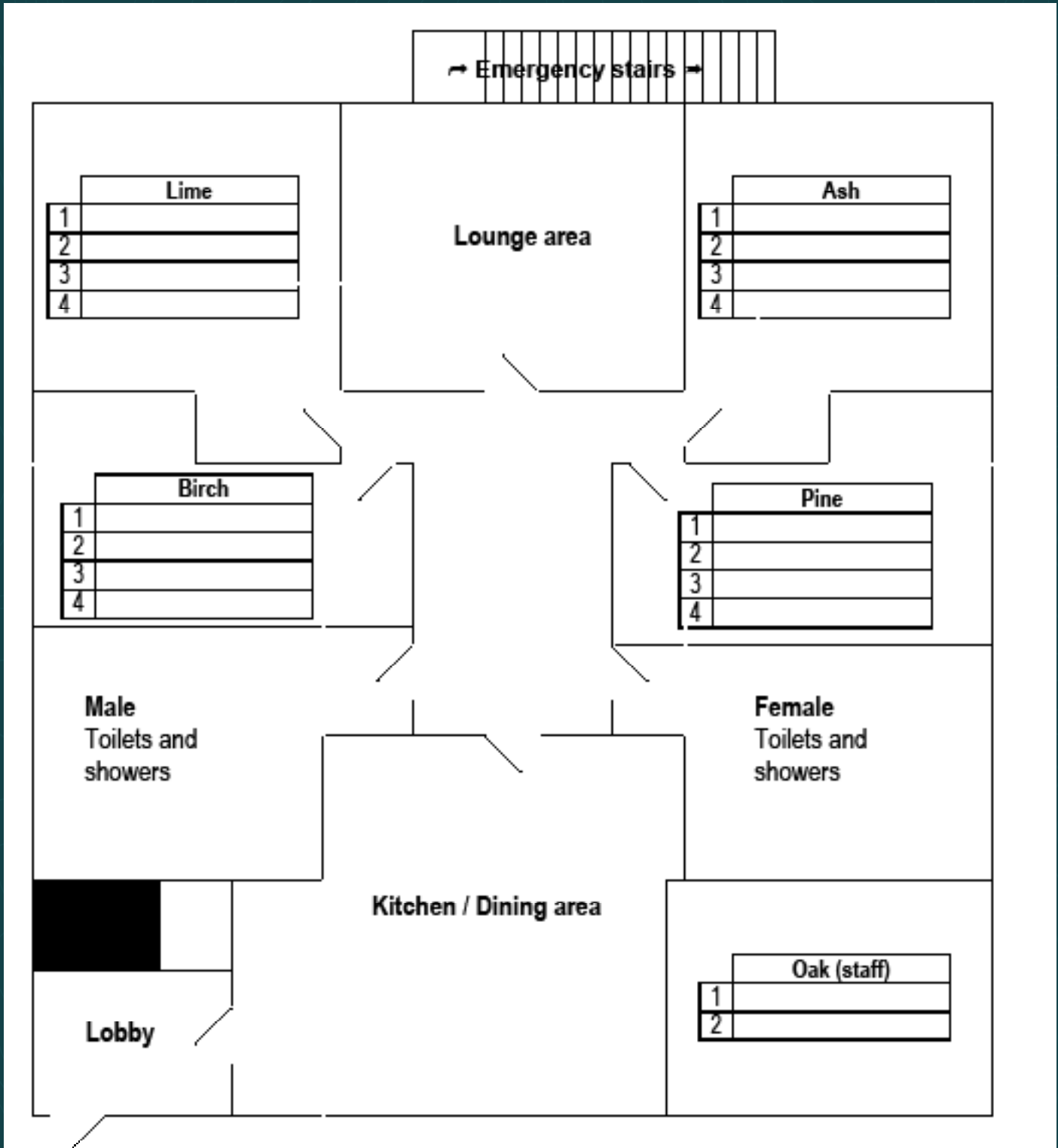
GOODIES – this is up to the parent and school policy

If you can please pack everything in a suitcase with wheels, as the site is on a hill wheels make it easier for the children to carry their things. If not them please make sure they are able to carry

Dorm Plan

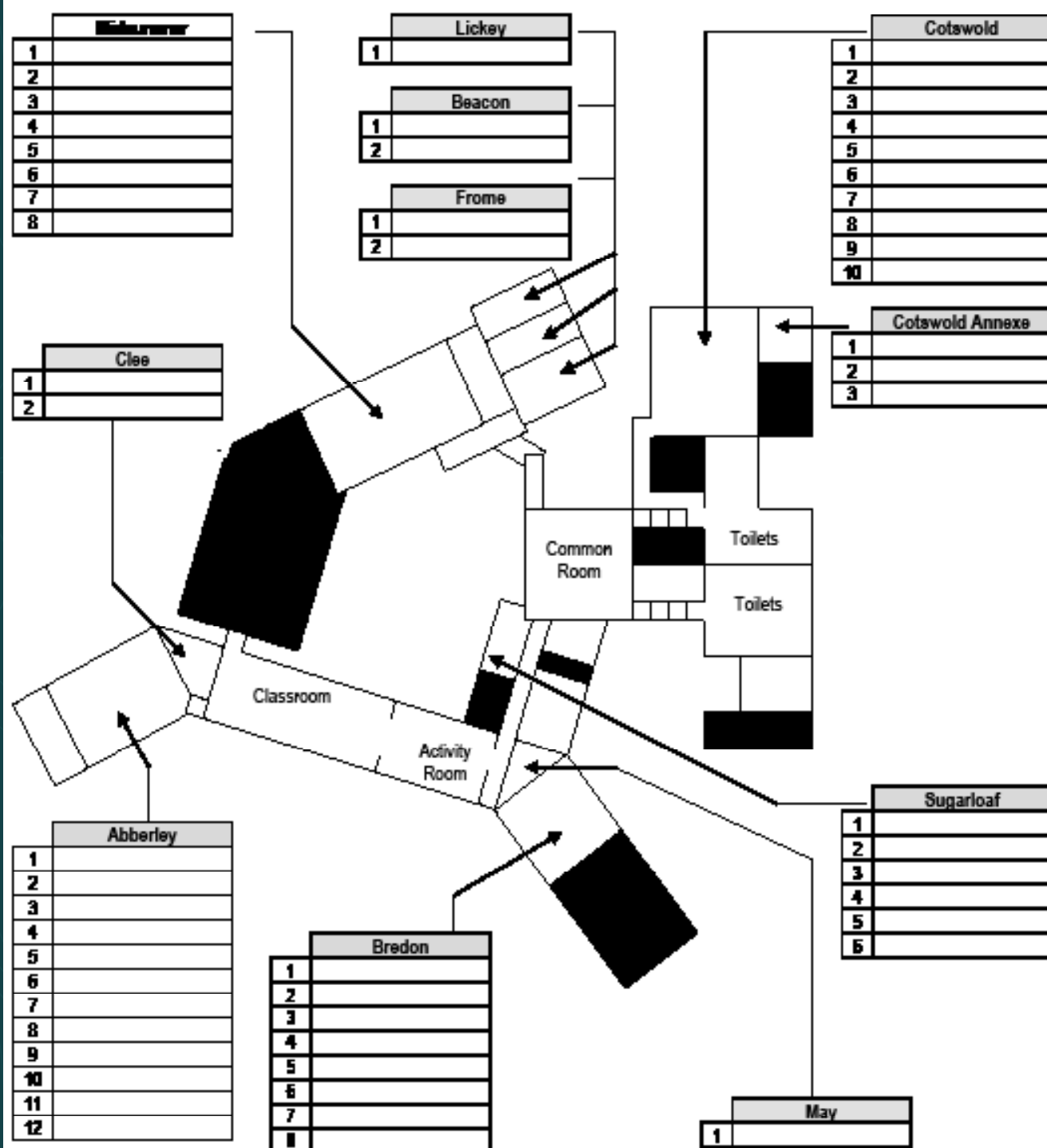
Malvern Chalet

Sleeps 18 + 1 sofa bed



Malvern South Block

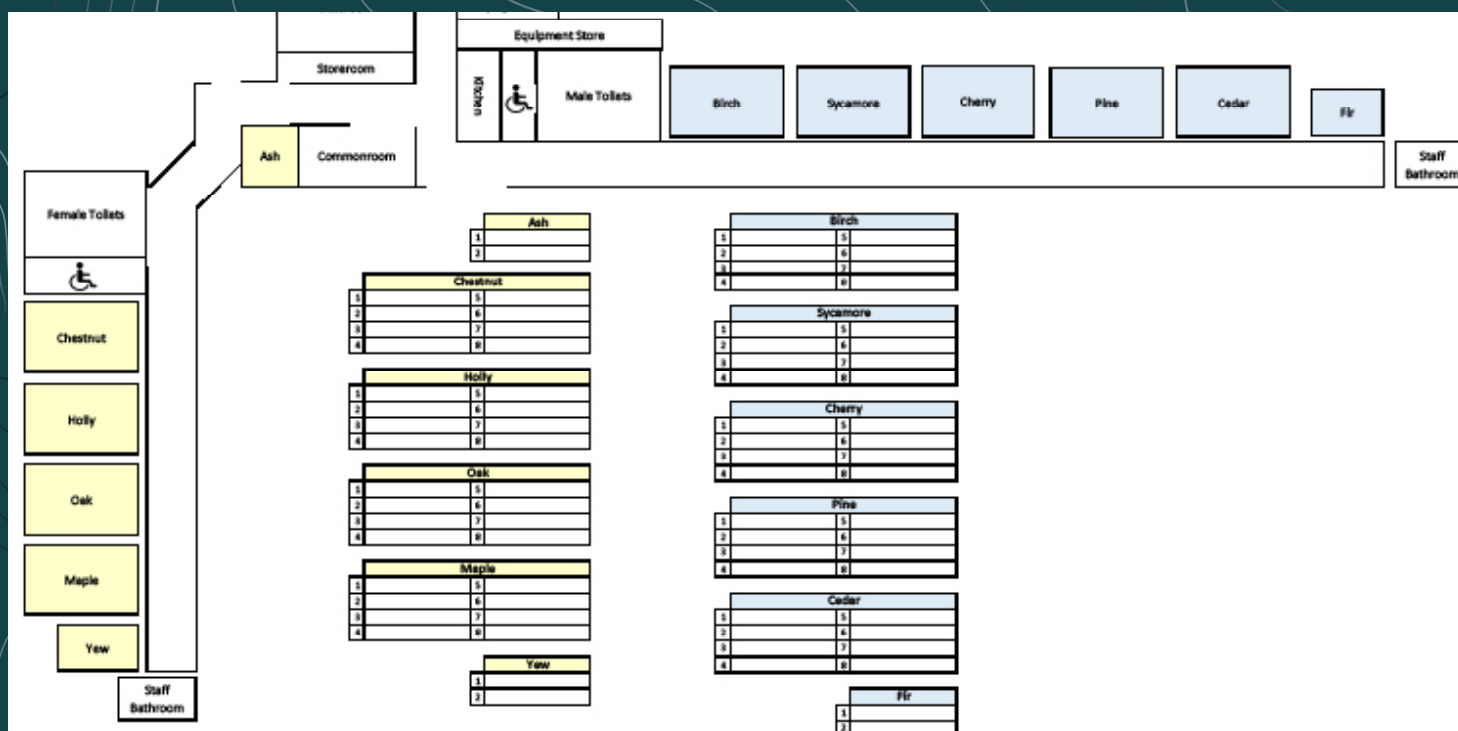
Sleeps 56



Bell Heath

Main centre

Sleeps 76



Frequently Asked Questions

Can the programme be tailored to our school's needs?

Yes, we'll work with your team to understand the needs of your group. We adapt pace, roles and environments, building confidence, communication and independence in a safe, well supported setting.

What is the accommodation like for staff?

We provide dedicated, comfortable accommodation for teachers and group leaders during residential trips, ensuring proximity to students while offering private space. These quarters are designed for adult comfort, supporting staff overseeing school activity trips.

What happens in bad weather conditions?

We ensure that safety comes first, but we teach the children to enjoy the outdoors no matter the weather! If you're attending the Malvern centre, waterproofs are provided.

How does the trip support learning?

All activities are curriculum led, but we also promote the importance of outdoor education and how it teaches children skills such as resilience that will shape them as people.

Tailored Programmes for Schools No two visits are the same.

We work with schools to:

- Align activities with curriculum goals
- Support personal development outcomes
- Adapt for SEND requirements
- Build confidence and resilience

From 2-day residential stays to 5-day adventures – we tailor the programme to suit your group.

Contact Us

Malvern. Old Hollow, Malvern, WR14 4NR

Bell Heath. Quantry Lane, Belbroughton, DY9 9UU

01684 574546

enquiries@boundlessoutdoors.co.uk

www.boundlessoutdoors.co.uk